MT. BALDY SCHOOL

COVID-19 Amendment
for the Parent-Student Handbook
2022-23

Updated 8.19.2022

Return to School for 2022-23

Since the beginning of this unprecedented spread of the pandemic, Mt. Baldy School administration and faculty have been working diligently with the San Bernardino Department of Public Health (SB CDPH), and the San Bernardino County Superintendents' Office among others, to monitor and plan for a safe educational experience for both the faculty and our families. In this amendment, you will find information on what to expect when bringing your children back to school for the 2022-23 school year, what has changed, new requirements and more. The safety of our staff, faculty and your families is of the utmost importance, and will be a shared responsibility of us all to ensure that we can keep the children in school long-term, that we have little-to-no cases to report, and that we continue to provide the highest quality education to our students.

We are grateful to everyone for their continued commitment to the Mt. Baldy School Program, especially under these most unusual times.

We also acknowledge that we are still facing the challenges of a pandemic and therefore, we have made adjustments to ensure the health and safety of our entire school community. This document outlines the adjustments that we have made in alignment with public health guidelines.

Safety Measures for Students

Students **may** wear clean, properly fitted masks while entering, riding in, and exiting the bus. They also **may** wear masks at all times while indoors or outdoors. Masks are available for all students in the office. Other layers of disease spread mitigation that will continue to be implemented include:

- Daily health screening of students by parent/guardians before leaving home
- Washing hands before entering classroom and frequently during day, availability of hand sanitizer at all times (supervised by adult in primary grades)
- Use of overhead fans
- Windows and doors open as practicable
- Air Purifiers
- Optional use of water bottles

Safety Measures for Staff and Volunteers

Staff are directed to conduct a self-assessment of COVID-19 illness symptoms daily prior to leaving home. Rapid COVID-19 testing is available to all staff by the district. All staff and volunteers **may** wear masks at all times while indoors or outdoors regardless of vaccination status. Masks are available to staff and all visiting adults in the office. . **Everyone must comply with measures outlined for personal health and safety,**

compliant with the mandates of San Bernardino CDPH

Safety Measures for Visitors

All visitors must report directly to the school office. Visitors **may** choose to wear a mask while on campus. **Everyone must comply with measures outlined for personal health and safety, compliant with the mandates of San Bernardino CDPH.** Masks and hand sanitizer are available at the front office.

COVID-19 Testing

The District has supplies and training to provide testing for students with signed parent permission at parent request (BinaxNOW) and for testing of staff for surveillance testing and upon request. The District will also send home Over the Counter (OTC) tests for students to use at home, especially before school resumes from summer and holidays.

Infectious Period

- For **symptomatic** infected persons, 2 days before the infected person had any symptoms through Day 10 after symptoms first appeared (or through Days 5-10 if testing negative on Day 5 or later), and 24 hours have passed with no fever, without the use of fever-reducing medications, and symptoms have improved, OR
- For **asymptomatic** infected persons, 2 days before the positive specimen collection date through Day 10 after positive specimen collection date (or through Days 5-10 if testing negative on Day 5 or later) after specimen collection date for their first positive COVID-19 test.

For the purposes of identifying close contacts and exposures, **infected persons who test negative on or after Day 5 and end isolation, in accordance with this guidance, are no longer considered to be within their infectious period. Such persons should continue to follow CDPH isolation recommendations, including wearing a well-fitting face mask through Day 10.**

Symptom Monitoring

If a student experiences symptoms during the school day, the teachers and staff will follow the school plan for isolating and contacting the family.
- Anyone with a temperature of 100.4 degrees or higher, who display any Covid-19 symptoms (coughing, fatigue, shortness of breath, etc.) will be isolated and sent home immediately.
  - Student or staff member is excused from the classroom and the office is notified.
  - The student is taken to a designated isolation room until transportation can be arranged to send the student home, or to seek emergency medical attention.
  - Parents are contacted by phone to arrange to collect the student as soon as possible. The student remains in the isolated area until collected.

- Close contacts may be contacted by the office with the appropriate updates and instructions. Please see "Quarantine Guidelines" below.
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Quarantine Guidelines

Parents will be notified via email if one or more individuals in a classroom receive a positive COVID test result and was on campus during the possible infectious period. School staff will contact trace and speak directly to the parent of any student that may have had close contact with COVID-19. Data and information on members of the community is confidential and will be maintained in accordance with privacy laws and regulations. Through tracking and tracing, quarantine recommendations outlined below will be followed:

Isolation and Quarantine Recommendations:

All persons with COVID-19 symptoms, regardless of vaccination status or previous infection, should:

- Self-isolate and test as soon as possible to determine infection status. Knowing one is infected early during self-isolation enables (a) earlier access to treatment options, if indicated (especially for those that may be at risk for severe illness), and (b) notification of exposed persons (close contacts) who may also benefit by knowing if they are infected.
  - For symptomatic persons who have tested positive within the previous 90 days, using an antigen test is preferred.
- **Remain in isolation while waiting for testing results.** If not tested, they should continue isolating for 10 days after the day of symptom onset, and if they cannot isolate, should wear a well-fitting mask for 10 days.
- Consider continuing self-isolation and **retesting** with an antigen or PCR test in 1-2 days if testing negative with an antigen test, particularly if tested during the first 1-2 days of symptoms.
- **Continue to self-isolate if test result is positive,** follow recommended actions below (Table 1), and contact their healthcare provider about available treatments if symptoms are severe or they are at high risk for serious disease or if they have any questions concerning their care.

Individuals Who Should Isolate	
Positive Test for COVID19	Recommended Actions
Everyone, regardless of vaccination status, previous infection or lack of symptoms.	**Stay home** for at least 5 days after start of symptoms (or after date of first positive test if no symptoms). **Isolation can end after Day 5 if symptoms are not present or are resolving <u>and</u> a diagnostic specimen* collected on Day 5 or later tests negative.** - If unable to test, choosing not to test, or **testing positive on Day 5 (or later)**, isolation can end **after**

	Day 10 if fever-free for 24 hours without the use of fever-reducing medications.
	• If fever is present, isolation should be continued until 24 hours after fever resolves.
	• If symptoms, other than fever, are not resolving, continue to isolate until symptoms are resolving or until after Day 10. If symptoms are severe, or if the infected person is at high risk of serious disease, or if they have questions concerning care, infected persons should contact their healthcare provider for available treatments.
	• **Per CDPH masking guidance, infected persons should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings (see masking section below for additional information).**

All close contacts, whether quarantined or not:

Should consider **testing** as soon as possible to determine infection status and follow all isolation recommendations above if testing positive. Knowing one is infected early enables (a) earlier access to treatment options, if indicated (especially for those that may be at risk for severe illness), and (b) notification of exposed persons (close contacts) who may also benefit by knowing if they are infected. If testing negative before Day 3, retest at least a day later, during the 3-5 day window following exposure.

Close Contacts – No Quarantine	
Asymptomatic Persons Who are Exposed to Someone with COVID-19	Recommended Actions
Everyone, regardless of vaccination status. **Persons infected within the prior 90 days do not need to be tested, quarantined, or excluded from work unless symptoms develop.**	• Test within 3-5 days after last exposure. • **Per CDPH masking guidance, close contacts should wear a well-fitting mask around others for a total of 10 days, especially in indoor settings and when near those at higher risk for severe COVID-19 disease** (see masking section below for additional information). • Strongly encouraged to get vaccinated or boosted. • If symptoms develop, test and stay home (see earlier section on symptomatic persons), AND If test result is positive, follow isolation recommendations above (Table 1).

Masking

As noted above, infected individuals should isolate for five days, and mask indoors and when around others during a full 10 days following symptom onset (or positive test if no symptoms). Exposed persons should mask for 10 days following an identified close contact to someone with COVID-19, especially high-risk contacts.

All individuals wearing masks should optimize mask fit and filtration, ideally through use of a respirator (N95, KN95, KF94) or surgical mask. See Get the Most out of Masking and Masking Tips for Children (PDF) for more information.

School Absence

Absence due to COVID-19 quarantine or illness is treated similar absence for any other illness such as flu. **Please contact the office as soon as possible if your child/children test positive for COVID-19, or is exhibiting symptoms after exposure.** The office will notify the teacher(s) so that they can prepare to collect work for your child/children. Also, the school may need to notify a specific class of exposure (student names are kept confidential)

Student work missed will be collected during the school day, and will need to be picked up by an adult on a regular basis to assure the student does not fall too far behind. As with other school work missed during an absence, one day will be added for each day absent for return of completed work for credit.

Unlike absence for other illnesses, absences due to COVID-19 illness are not counted as student absences, provided make up work provided by teachers is fully completed and returned in a timely manner.